

Name :

Date :

DIRECTIONS: People differ in the ways they act and think in different situations. This is a test to measure some of the ways in which you act and think. Read each statement and put an X on the appropriate circle on the right side of this page. Do not spend too much time on any statement. Answer quickly and honestly.

Rarely/Never Occasionally Often Almost Always/Always

	Rarely/ Never	Occasionally	Often	Almost always/ Always
1 I plan tasks carefully.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2 I do things without thinking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3 I make-up my mind quickly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4 I am happy-go-lucky.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5 I don't "pay attention."	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6 I have "racing" thoughts.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7 I plan trips well ahead of time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8 I am self controlled.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9 I concentrate easily.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10 I save regularly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11 I "squirm" at plays or lectures.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12 I am a careful thinker.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13 I plan for job security.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14 I say things without thinking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15 I like to think about complex problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16 I change jobs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17 I act "on impulse."	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18 I get easily bored when solving thought problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19 I act on the spur of the moment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20 I am a steady thinker.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21 I change residences.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22 I buy things on impulse.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23 I can only think about one thing at a time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24 I change hobbies.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25 I spend or charge more than I earn.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26 I often have extraneous thoughts when thinking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27 I am more interested in the present than the future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28 I am restless at the theatre or lectures.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29 I like puzzles.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30 I am future oriented.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Thankyou for your participation.